

COVID-19 Frequently Asked Questions

What are the signs and symptoms?



Fever, cough and shortness of breath.

Should I be tested?



Individuals who have symptoms, have been evaluated by a physician and are recommended for testing.

I think I have been exposed...what do I do?



Self-monitor at home and away from others for 14 days. If you start to have any symptoms, contact your healthcare provider.

PREVENTION TIPS:

- Wash your hands often with soap and warm water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- Avoid large gatherings, especially older adults and individuals with a chronic illness.

Who is most at risk?



Older adults, people with chronic illnesses and/or people with low immune systems are most at risk.



Visit southhealthdistrict.com/covid19 for more information.