

Mind & Body Wellness Health Fair:

**Reducing the Risk of Alzheimer's, Type 2
Diabetes, and High Blood Pressure**

Free blood pressure, blood sugar, and cholesterol screenings and weight/BMI checks. **Free Lunch Provided.**



February 15, 2020

8-10 a.m. : Registration/health screenings

10-12 p.m. : Lunch/presentations

South Health District Office
325 West Savannah Avenue

REGISTRATION IS REQUIRED. SEATING IS LIMITED.

To register visit www.southhealthdistrict.com or (229) 333-5290