#### **Environmental Services**

Through this service inspections are provided to insure the safety of septic tanks, well water, restaurants, tourist facilities and public swimming pools.

#### **Health Education**

Lowndes County Health
Department strives to educate the
people of our community with
information regarding health.
These services are available to
individuals, community groups,
churches, and schools.
Information is delivered by
nurses, nutritionists, health
educators and other qualified staff
members.

#### **Family Planning Services**

Exams, birth control information and birth control methods are provided to any interested person.

## **General Nursing**

Immunizations, blood tests, hearing, vision, and dental screenings, tuberculosis screenings, cancer screenings, blood pressure and blood sugar screenings, head lice checks and pregnancy tests are all available through General Nursing.

#### **Immunizations**

Immunizations are available for all ages with an emphasis on infants up to three years of age. At your request, the Lowndes County Health Department will also provide adult flu shots and pneumonia vaccines on-site at your businesses.

# **Infectious Disease Program**

Follow-up is provided for individuals who had a communicable disease such as tuberculosis, meningitis, hepatitis or others. Contact investigation is included.

#### **School Health Nurses**

School health nurses work with the Lowndes and Valdosta school systems to provide health care to children in the schools' clinics. School health services also include scoliosis screening, special immunization clinics, and hearing and vision testing.

#### **Sexually Transmitted Disease**

If an individual suspects that he or she has a sexually transmitted disease, physical exams, lab tests, treatment and follow-up is provided through the STD program. Counseling and testing for persons who are at risk for contracting the HIV virus are also available.

## Sickle Cell Screening and Counseling

This program serves ages birth to 21 years with medical screening and education about sickle cell disease and other abnormal blood disorders. Contact your physician or the Lowndes County Health Department for a referral.

#### **Travel Immunizations**

Available for all ages, travelers receive immunizations and health care information based on the latest CDC recommendations. LCHD is an approved Yellow Fever Vaccination site.

# **Breast & Cervical Cancer Program**This program provides at no cost to

This program provides at no cost to the eligible woman between ages 40 and 64 a limited annual exam including a Pap test. It also provides a mammogram and diagnostic follow up.

## **Children with Special Needs**

A unit of programs working together to provide family-centered services to newborns through age 21 years who have or are at risk to develop medical conditions and/or significant developmental delays.

#### **Health Check**

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Provides for the screening of lead, medical and/or developmental problems in children. Medicaid covers from infancy to the 21st birthday and PeachCare covers up to age 19.

# **Perinatal Programs**

This program is composed of Perinatal Case Management (PCM). Helps pregnant women identify their needs for the delivery of a healthy baby and creates a plan to address those needs.

# **Baby Luv Program**

Medicaid eligible mothers and babies receive two home visits after delivery to help the mother with any problems she might encounter and to teach her how to care for a newborn. Through these visits a nurse is able to detect or prevent any serious complications for the mother and infant. These services are offered to African American women through the Baby Luv Program.

# **Presumptive Eligibility**

Medicaid coverage is provided to income -eligible pregnant women during the Medicaid application processing period.

# **Well Baby**

Complete physical exams are provided for children ages birth to five years. Included in this program are screening tests, immunizations and nutritional counseling.

### Women, Infants & Children

WIC is a special nutrition program that offers nutrition education, food supplements and referrals to health care providers for eligible pregnant, breastfeeding or postpartum women, infants and children up to age five.

### **Adolescent Health & Youth Development**

Promotes healthy behavior for adolescents aged 10-19. Education in a youth friendly environment addressing risky behaviors that are attractive to teens.

#### Vital Records

If you are in need of a birth or death certificate for a person born or deceased in Georgia, visit the Vital Records area. Assistance with amended or delayed birth certificates, paternity acknowledgment or legitimation forms is also available.

# **Lowndes County Board of Health Members**

William R. Grow, MD, FACP District Health Director

Mark Eanes, MD Chair, Physician

Mary Margaret Richardson, EdD Vice Chair, Licensed Nurse

Randy Smith, DDS Secretary, Consumer Advocate

#### Vacant

Advocate for Needy, Underprivileged or Elderly

Richard Raines Lowndes County Commissioner

John Gayle City of Valdosta Mayor

Wes Taylor Lowndes County Schools Superintendent

# Staff Members

Norma Jean Johnson. RN County Nurse Manager

Brenda Nash Office Manager

Our services are available to everyone, regardless of age, race, religion, national origin, political belief, disability or sex. We charge only minimal fees for our services, and some services have adjusted fee scales based on ability to pay. Health care services will be provided even if someone is unable to pay. Medicaid and Medicare are also accepted forms of payment for covered services.

# **Our Mission**

Our mission is to promote and protect the health of people in Georgia wherever they live, work and play. We unite with individuals, families and communities to improve their health and enhance their quality of life.

# We do this by:

- developing sound health policies and plans
- monitoring and assessing community health status and needs
- creating partnerships with communities and organizations
- providing personal and population-based services and education
- enforcing laws and regulations that protect health and safety
- providing population-based data, vital statistics and registries
- gathering information through surveillance and investigation
- disseminating wellness and health information
- evaluating our effectiveness, accessibility and quality of services
- assuring a competent, sensitive and responsive public health work force
- providing a public health laboratory capacity
- carrying out research for innovative solutions to public health problems



# **Satellite Clinics**

#### **Hahira Clinic**

503 West Main Street Hahira, Georgia 31632 (229) 794-2665

#### Lake Park Clinic

751 Country Lane Lake Park, Georgia 31636 (229) 559-6470

# Lowndes County Health Department

Protecting the Public's Health



Located in the Human Resource Center

206 S. Patterson St. P.O. Box 5619 Valdosta, GA 31601 (229) 333-5257

www.southhealthdistrict.com/ lowndes



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206 South Patterson Street P.O. Box 5619 Valdosta, GA 31601 (229) 333-5257 www.southhealthdistrict.com/lowndes

